

Daily Clinical Monitoring at Quarantine Facility (Home/Quarantine Facility)											Day 1 (...../...../2020) (DD/MM/YYYY)						
Sn	Name	Age	Gender	Room no	Contact No	Nationality	Occupatoin	Residence/ Current work place	Date of last contact	Date of arrival at Quarantine place	Temp	BP	Fever (Y/N)	Cough (Y/N)	SoB (Y/N)	Other Respi illness	Comorbidity (HTN/DM/COPD/P UD...Etc):
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**Note:**

1. Refer to the Quarantine SoP for details
2. Monitor the people at quarantine for 14 days starting from the date of last contact (exposure)
3. Monitor temperature twice a day & record the maximum for the day
4. BP monitoring for pre-exisint HTN and Cardiovascular disease
5. Record Co-morbidity on the Day 1 only and need not repeat from Day 2 onwards
6. Report to Mr. Jit Bdr. Darnal, RCDC (17965195) or Dr. Tandin Zangpo, MoH (17828860)
7. Ignore room no. for home quarantined people







