

# **Emergency Preparedness and Response Plan for COVID -19 Outbreak**

**Trashigang Dzongkhag  
2020**

# Measures Taken

- Dzongkhag COVID-19 Prevention Task Force formed on 22<sup>nd</sup> February 2020, and Education and awareness on COVID-19 initiated
- Dzongkhag Disaster Incident Command System got activated from 6<sup>th</sup> March, 2020 after conducting an emergency meeting on COVID-19 with the stakeholder in the Dzongkhag
- Screening of flu and establishment of flu clinic in every health centers
- Identification of quarantine places immediately on 6<sup>th</sup> March 2020 at different locations

## Measures Taken Continued...

- SOP developed for prevention/ Management of COVID-19 has been provided to the Dzongkhag by the Ministry of Health.
- Dzongdag as the Chief Incident Commander and Dzongrab and Dungpas as Dy.Chief Incident Commander to control the situation.
- Public gathering and Training/ workshops suspended until further notice
- 361 people have been screened for flu as of 12<sup>th</sup> March, 2020

## Measures Taken Continued...

- Awareness on COVID-19 has been carried out in all 57 schools and public through school Principals and Local leaders
- Quarantine places for COVID-19 suspects and as well as case dealing team are identified
- Isolation wards are identified in all hospitals across the towns and gewogs
- Notifications are issued to Local Government, Regional heads and civil servants to suspend public gathering

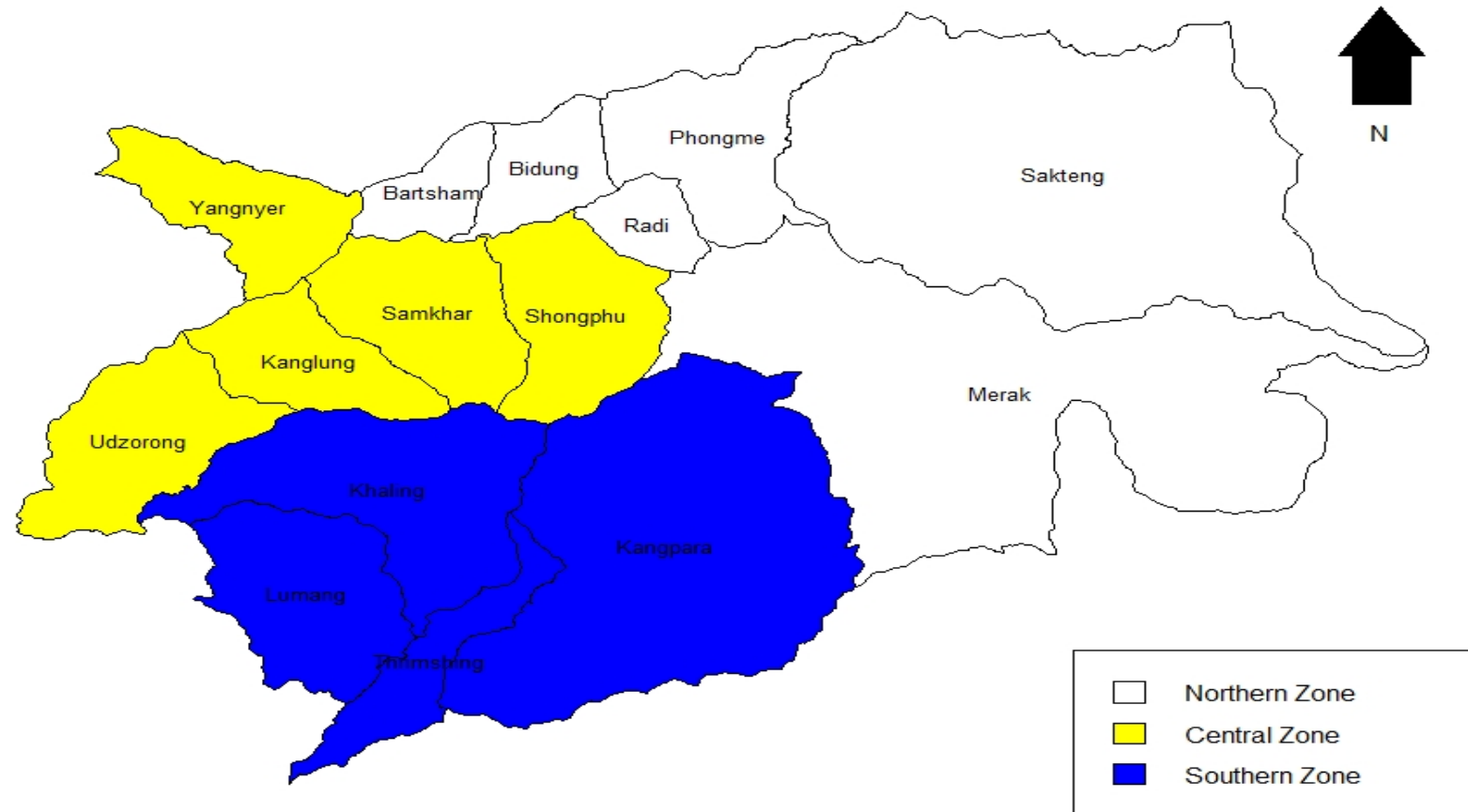
## Measures Taken Continued...

- Hospital contingency plan and Incident Command System activated under the instruction of the Ministry of Health
- Check points have been set up at Moshi under Wamrong Dungkhag and at Chazam below the Dzong
- Log book for passengers are maintained in all public transport for easy contact tracing
- Customer information registers are maintained in all Resorts and Hotels

# Territorial Map of Trashigang Dzongkhag



# Trashigang Dzongkhag is divided into three zones for effective management :North, Central and south



# COVID-19 Contingency Plan for Northern Zone

Gewogs under the Zone	Incident Commander	Contact Focal	Isolation and Quarantine room	Quarantine Management and monitoring team	Transportation	Procurement/Logistic Team	Security for Quarantine room
1. Sakteng Gewog 2. Merak Gewog 3. Phongmey Gewog	Sangay Dawa, Dungpa, Sakteng Dungkhag #17116065	Dr.Ngawang Samten, Bartsham Hospital #17387386/77400885	1. Bartsham Hospital	Phuntsho Wangdi HA, #17480181, & Thinley Dorji, Caretaker of Bartsham Hospital	Phuntsho, CCEO #17660007) & Ugyen Wangdi, RSTA #17914734	<ul style="list-style-type: none"> <li>• Dorji, Account Asst(Team leader:17293328)</li> <li>• Ugyen Chophel, Legal Officer (77237557)</li> <li>• Kuenzang Thinley, Adm Asst (17930786)</li> <li>• Phuntsho, Land Record Assistant</li> <li>• Sonam Tobgay, Store In-charge</li> </ul>	Royal Bhutan Police shall take the responsibility in deputing security personnel in each zone. Contact Person Superintended of Police #17698008
4. Bartsham Gewog 5. Bidung Gewog 6. Radhi Gewog 7. Shongphu Gewog			2. Rangjung Municipal Hall and isolation room in Rangjung Hospital	Dr. Tshering Lhamo #17700067, Rinzin Dorji, Ward In-charge # 16918249 & Pema Seldon, Ward girl			
			3. DoR Office, Rangjung				
			4. Respective School MP Halls				



## COVID-19 Contingency Plan for Central Zone

Places under each zone	Incident Commander	Contact Focal	Isolation and Quarantine room	Quarantine Management and monitoring team	Transportation	Procurement/ logistic team	Security for Quarantine room
1. Trashigang Throm 2. Samkhar Gewog 3. Kanglung Gewog 4. Yangneer Gewog 5. Udzorong Gewog	Wangchuk Dorji, Sr. Dzongrab (17141618)	Dr. Ngajay Jamtsho, Trashigang Hospital #17506203	1. Old Municipal Office 2. Trashigang MSS 3. Old Telecom Office, Kanglung 4. College Guest House 5. Younphula Centenary College	Dr. Tshering Penjore (77764544) & Dr. Samten Wangchuk (17980934), Pema Norbu, Ward In-charge & Sena Ward boy  Dr. Thinley (17925946) and Dr. Mamta Subba (17672421), Ward Incharge & Tshering Dorji, Caretaker, Kanglung Hospital	Sonam Dorji, RSTA (17696690) & Rinzin Dorji, Dy.CDEO # 1762554	1. Thinley Dorji, Procurement Officer(Team leader: 77100108) 2. Pema Rinzin, Adm Asst (17131920) 3. Lham Dorji, Account Asst 4. Internal Auditor 5. Sangay Tenzin, Adm Asst	Royal Bhutan Police shall take the responsibility in deputing security personnel in each zone. Contact Person Superintended of Police #17698008

# COVID-19 Contingency Plan for Southern Zone

Gewogs under the zone	Incident Commander	Contact Focal	Isolation and Quarantine room	Quarantine Management and monitoring team	Transportation	Procurement/ logistic team	Security for Quarantine room
1. Khaling Gewog 2. Wamrong Dungkhag 3. Lumang Gewog	Wangchen Norbu, Dungpa, Thrimshing Dungkhag (77717979)	Dr. Kinley Dorji, Riserboo Hospital #17354566/77751777	1. DoR Office, Tsangpo  2. Empty Doctor's Quarter Tsangpo	Wangdi Drukpa (17708933), HA & Yonten Nidup, Staff Nurse & Yenten Jamtsho, ESP of Tsangpo Hospital	Tashi, Dy.CDEO, Wamrong Dungkhag(Contact No:17122315) & Bumpa Dorji, Adm Asst, Wamrong (17632044)	1. Rinchen Zangpo, Adm Asst Wamrong D (Team Leader:17697797)  2. Rinzin Wangchuk, Accountant, Thrimshing	Royal Bhutan Police shall take the responsibility in deputing security personnel in each zone. Contact Person Superintended of Police :#17698008
4. Thrimshing Dungkhag 5. Thrimshing Gewog	Sangay Phuntsho, Dungpa, Wamrong Dungkhag (17551971)		3. Empty Doctor's Quarter, Riserboo	Dr. Jigme Tenzin (17504058), Ram Rai, Ward In-charge & Thinley Chozom, Wardgirl of Riserboo Hospital & Ngawang Gyeltshen, Staff Nurse of Khaling		3. Kinley Dorji, Accountant, Wamrong  4. Yeshe Wangdi, Adm Asst, Wamrong (17751379)	
6. Kangpar Gewog			4. Khaling Handloom			5. Sangay Wangdi, Adm Asst,	

# Identified Resorts, Hotels and Guest house for Quarantine purpose

Sl.no.	Name of the Facility	Location	Bed capacity	Contact Number
1	Druk Deothjung Resort	Trashigang	23	17119909
2	Lingkhar Resort	Trashigang	24	17111722
3	Hotel TT	Rangjung	20	17170707
4	Sherubtse college Guest house	Kanglung	7	17645174
	<b>Total</b>		<b>74</b>	

# Evacuation of Expatriates

- Three groups of expatriates are identified: Laborers, Teachers & Volunteers
- Identified gathering points in three zones for evacuation
- Identified focal persons to lead evacuation
- Arranged vehicles for transportation if needed
- Detail of each expatriate is collected

# Details for Evacuation of Expatriates

Sl.No.	Name of Country	Number	Gathering Point	Focal Person
1	India	868	<ol style="list-style-type: none"> <li>1. Old Dzongkhag Office Parking</li> <li>2. Rangjung Municipal Hall</li> <li>3. Gyechen Zhi Statue, Wamrong Town</li> <li>4. Kanlung Hospital Parking</li> <li>5. 64 RCC GREF Headquarter, Kanglung</li> <li>6. 63 RCC GREF, Moshi</li> </ol>	<p>Sherab Gyeltshen, Regional Director of MoLHR #17689648</p> <p>Dorji Rinchen, Census Officer, Trashigang Dzongkhag # 17679788</p>
2	Japan	3		
3	Bangladesh	2		
4	<b>Total No.</b>	<b>873</b>		

# **Arrangement to bring back the highlanders of Sakteng & Merak from Indian grazing land:**

## **Two strategies are adopted if outbreak hits India:**

1. Quarantining in India itself if suspected of COVID-19
2. Bringing back to Bhutan and to quarantine in Kheliphu & Khashiteng under the supervision of Gup & Tshogpa, and giving health services in collaboration with Dzongkhag Administration, Samdrup Jongkhar from the nearest Health Centers (Zangthi Sub-post/Lauri Gewog)

## Details of strategies to bring back the highlanders of Sakteng & Merak

<b>Sl. No</b>	<b>Gewog</b>	<b>No. of House hold</b>	<b>Number of People</b>	<b>Walking Distance</b>	<b>Assembly Point</b>	<b>Medical Screening Point</b>
1	Sakteng	12	32	12 to 13 Hours	Khilephu Village	Zangthi Sub-post under Samdrup Jongkhar Dzongkhag
2	Merak	19	110	18 to 19 Hours	Khilephu Village	Zangthi Subpost under Samdrup Jongkhar Dzongkhag
	<b>Total Number of people outside the border</b>					<b>142</b>

# Food Security Strategy

The Food Corporation of Bhutan Limited, Trashigang will supply the food stock to the entire Dzongkhag. The available stocks are as follows:

<b>Sl. No</b>	<b>Items</b>	<b>Quantity in Metric Ton</b>
1	Rice	2,364
2	Edible oil	257
3	Pulses	100
4	Sugar	105
5	Salt	14
6	Dalda	12



# Demographic Details

Sl.No	Gewog	Population by Residence		Total Population in the Gewog	Total population in the Zone	Total Population
		Male	Female			
1	Bartsham	1405	1200	2605	Northern Zone: 15565	42960
2	Bidung	403	424	827		
3	Sakteng	1023	982	2005		
4	Merak	583	597	1180		
5	Phongmey	1271	1376	2647		
6	Radhi	978	1048	2026		
7	Shongphu	2232	2043	4275		
8	Samkhar	2842	2554	5396	Central Zone : 16445	
9	Kanglung	3016	2984	6000		
10	Udzorong	1447	1348	2795		
11	Yangneer	1076	1178	2254		
12	Khaling	1284	1256	2540	Southern Zone: 10950	
13	Thrimshing	1469	1632	3101		
14	Lumang	1824	1963	3787		
15	Kangpara	1734	788	1522		

# Issues and Challenges

- Absence of Intensive Care Unit (ICU) with ventilators
- Shortage of manpower (health personnel) during emergency
- Inadequacy of well structured/ standard quarantine rooms
- Absence of testing facilities in Regional Referral Hospital

Kadrinche la !!!