**Write up for Dzongkhag Disaster Contingency Plan/Strategies**

**I. Zones**:

Dzongkhag Administration, Trashigang is being divided into three Zones for effective management

1. **Northern Zone:** Sakteng, Merak, Phongmey, Bartsham, Bidung, Radhi and Shongphu Gewogs

**2. Central Zone**: Samkhar, Yangneer, Kanglung and Udzorong Geogs

3. **Southern Zone**: Khaling, Lumang,Thrimshing and Kangpar Gewogs

**II. Chief Incident Commander and Commanders:**

For smooth operation and activation of contingency plan COVID-19, Chief Incident and Dy.Chief Incident Commanders are identified in each zone. The role of Chief and Dy.Chief Commanders are to ensure timely and effective operation of the contingency plan as and when required.

**III. Contact Focal**:

In case of outbreak, the respective contact focal person will activate the COVID -19 contingency plans. He/she will provide over all directives to handle emergency situation. And also communicate with the media spoke person. Media spoke person will be the Dzongkhag Health Officer. The Contact Focal person for each zone are as indicated below:

**1. Northern Zone:** Dr. Ngawang Samten, GDMO, Bartsham Hospital

**2. Central Zone**: Dr. Tshering Penjore, GDMO of Trashigang Hospital

**3. Southern Zone:** Dr. Jigme Tenzin, GDMO Reserboo Hospital

**IV**. **Quarantine Room:**

It is a place where the suspected cases will be kept without letting to contact with other people. These quarantine rooms will be used only for the suspected cases. Some of the identified quarantine rooms in respective zones are as mentioned below:

1. **Northern Zone**: DoR Office at Rangjung, ECCD at Rangjung, Bartsham Hospital

**2. Central zone**: Old Dzongkhag Administration block in Trashigang, old Telecom Office in Kanglung, Gewog Office

**3. Southern Zone**: Doctor's quarter at Reserboo Hospital, Doctor's quarter at Tsangpo Hospital, DoR office at Tsangpo

**Note:** In case of outbreak, Institutions, Colleges and Schools will be closed/shut down forthwith. And in case of outbreaks, even the MP halls and other available halls in the central Schools and high Schools will be used as additional quarantine rooms

**A. Northern Zone:**

1. Rangjung Central School

2. Radhi Middle Secondary School

3. Dungtse Central School

4. Bartsham Central School

5. Bidung Lower Secondary School

**B. Central Zone**:

1. Jampelling Central School

2. Udzorong Central School

3. Trashigang Middle Secondary School

4. Gongthung Middle Secondary School

**C. Southern Zone:**

1. Thrimshing Central

2. Trashitse Autonomous School

3. Jigme Sheruling Central School

4. Wamrong Lower Secondary School

**V. Quarantine Room Management & Monitoring Medical team:**

All quarantined people and cases will be closely monitored. The cases will be isolated in the Hospital and contact to the case will be quarantined. Over all management and monitoring will be spearheaded by identified operation Officers. In each quarantined room, the staff requirement will be worked out by the operation officer in the ratio of 1:10. and the mandatory staffs in the quarantine room are:

1. Health staff (at a ratio of 1:10)

2. One ward boy or sweeper

3. Royal Bhutan Police

**VI. Quarantine amenities:**

These are the basic and mandatory amenities required in the quarantine rooms to maintain good hygiene and comfortable stay as per the National Preparedness and Response Plan (NPRP) for COVID-19. Following are the list of commodities required:

1. Standard meals

2. Tea/Coffee and snacks

3. Mineral water

4. Water boiler and tea/coffee paraphernalia

5. Towels

7. Soap

8. Slippers

9. Toiletries

10. Wifi

11. TV

12. Beddings

**VII. Transportation**:

In case of out breaks, identified ambulances, pool vehicles, school buses and private vehicles will be used to collect and drop the people from affected place. For this purpose, officials from Dzongkhag Education Sector, Royal Bhutan Police and Road and Safety Transportation Authority (RSTA) of Trashigang are be assigned for arrangement of vehicles.

**VIII. Procurement/Logistic Team:**

As mandated to have well furnished quarantine rooms with availability of all basic needs, every zone is given a procurement cum logistic team whose responsibility is to ensure arrangement of three times standard packed meals as well as other required commodities. Most importantly, packed meals should be delivered by the procurement/logistic team only.

**IX. Security Personnel:**

For the security and smooth operation of quarantine rooms, there should be security personnel for each quarantine room. For this, the Royal Bhutan Police will be solely responsible for arrangement of security services. For effective security services, the security personnel should shoulder following core roles:

1. Enforce movement restriction in and out of the quarantine facilities

2. Manage traffic in and around quarantine facility where necessary

3. Cordoning of the designated quarantine facility where necessary

**X. Food Security:**

Food security is one of the most important components to be taken care. In Trashigang Dzongkhag, for the perpetual supply of food during outbreak, Food Cooperation of Bhutan of Trashigang will be taking the lead role. There are branch offices of FCB in each zone to ensure the adequate supply of food and also to shoulder other food related issues.

**XI. Evacuation Plan for Expatriate Laborers and other foreign nationalities:**

There are total of 873 expatriates from three different foreign countries such India, Japan & Bangladesh. For them, separate evacuation strategies are adopted during the outbreak. In addition, for the effective evacuation, few gathering points along with the focal persons are identified. The focal persons’ responsibility is to ensure smooth evacuation of expatriates during the emergency.

**XII. To bringing the Highlanders of Sakteng and Merak back from the grazing land of India du\*ring the Outbreak**

In consideration to the concept “One Nation One People”, two methods are developed to bring back the highlanders of Sakeng and Meraks, those who are in India with the cattle. Two methods are:

1. Quarantining in India itself if suspected of COVID-19

2. Bringing back forthwith and quarantine in Khilephu and Khashiteng under medical supervision from Zangthi Subpost, Samdrup Jongkhar

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